



Summary of personal reliefs available in the year of assessment (YA) 2019.

Personal Reliefs		RM
Self	-	9,000
Disabled self	Additional	6,000
Medical expenses for parents OR Parent (RM1,500 each)	Maximum Maximum	5,000 3,000
Basic supporting equipment for disabled self, spouse, child or parents	Maximum	6,000
Education fees (self)	Maximum	7,000
Medical expenses for serious diseases for self, spouse or child (including up to RM500 for medical examination)	Maximum	6,000
Lifestyle expenses	Maximum	2,500
Purchase of breastfeeding equipment	Maximum	1,000
Childcare centre fees	Maximum	1,000
SSPN deposit	Maximum	8,000
Spouse		4,000
Disabled spouse	Additional	3,500
Child (each, under 18 years) Child (each, above 18 years & further studies) Disabled child (each & unmarried) Disabled child (each, further studies)		2,000 8,000 6,000 8,000
Life insurance premium EPF contribution	Maximum Maximum	3,000 4,000
PRS contributions & deferred annuity premiums	Maximum	3,000
Education & medical insurance premium	Maximum	3,000
SOCSSO contribution	Maximum	250